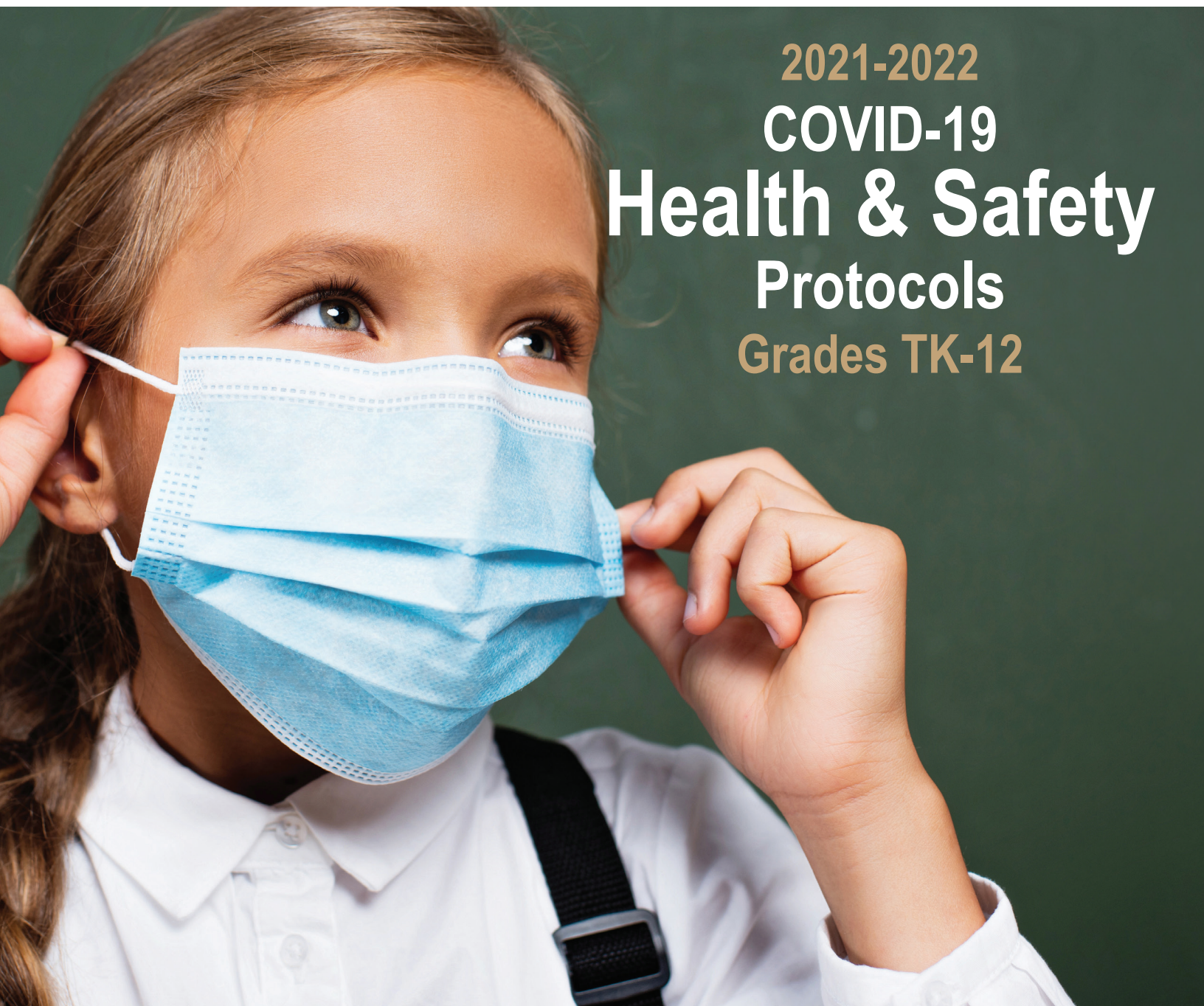




Southeastern California Conference

OFFICE OF EDUCATION



2021-2022

COVID-19

Health & Safety Protocols

Grades TK-12

Revised: August 4, 2021



Attendance

Absences due to COVID-19 symptoms or illness will be recorded. Parents must report the absence and reason each morning in order to have an absence excused due to illness. We will work with parents and students to ensure learning continues during a student's extended absence.



Your child should come to school if they can fulfill the following requirements:

- Can energetically participate in classroom activities and recess without use of fever/symptom-reducing medicine (tylenol, ibuprofen, cough syrup, etc.)
- Has a temperature below 100
- Has no new symptoms of COVID-19 such as respiratory symptoms, muscle ache, loss of taste and smell, with or without fever
- Has no symptoms of vomiting/diarrhea



Your child should stay at home and will be sent home if they have any of the following:

- They appear or complain of feeling unwell or they have a suspected communicable disease
- A temperature of 100 or higher, or other COVID-19 symptoms (See the Symptom Decision Tree in this document for guidance.)
- Students with fever will be isolated and be required to wear a face covering until they can be picked up by their parents/guardian



Return to school after illness/fever related to COVID-19 or exposure to COVID-19

- Students may not return until they have met the guidelines outlined in the California Department of Public Health Guidance for K-12 Schools. <https://schools.covid19.ca.gov/>

Individuals Exempt from Quarantine

- Individuals who have tested positive for COVID-19 in the past do not need to quarantine or get tested again within 3 months if they do not develop symptoms.
- A fully vaccinated individual with an exposure to a COVID-19 case are not required to quarantine if they meet the following:
 - Fully vaccinated (i.e. > 2 weeks following last dose)
 - Remain asymptomatic since the current COVID-19 exposure



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COVID-19 Symptom Decision Tree

Low Risk

- Fever ($>100^{\circ}\text{F}$)
- Headache
- Congestion/Runny Nose
- Sore Throat
- Nausea/Vomiting, Diarrhea Fatigue/Muscle or Body Aches

High Risk

- New, uncontrolled cough
- Difficulty Breathing (not due to asthma)
- Loss of Taste or Smell

1

If a student or staff member has **one low risk symptom and has NOT been exposed to a COVID-19 positive individual**: student or staff member will be sent home and may return to school the when symptom free for 24 hours without fever reducing medicine.

2

If a student or staff member has **two or more low risk symptoms OR one high risk symptom**: Student or staff member that is symptomatic must be sent home and...

If confirmed diagnosis **other than COVID-19** (e.g. stomach virus, ear infection) **but no exposure***: Must turn in doctor's note in order to attend school.

If tested for COVID-19 **AND** received a **negative test result** (PCR Test not Rapid)

If tested for COVID-19 **AND** received **positive test result**

If not evaluated by health care provider and did not get tested



Individual may return to school 24 hours after symptom resolution (without fever medication). If symptom persists, individual needs to test or isolate.

Individual **MUST** remain home until **ALL** of the following have taken place:

10 days have passed from onset of symptoms and 24 hours have passed since last fever without the use of fever-reducing medication **AND** symptoms have improved.



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What to do when sick. Don't return until:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- Other symptoms have improved; and
- They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset. (See COVID-19 Decision Tree on page 4)

Quarantine

Vaccinated

- No quarantine is necessary but health should be monitored closely because infection is still possible after vaccination.

Unvaccinated and both wearing masks when in close contact (more than 15 minutes over a 24-hour period within 0-6 feet indoors)

- May undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:
 1. Are asymptomatic;
 2. Continue to appropriately mask, as required;
 3. Undergo at least twice weekly testing during the 10-day quarantine; and
 4. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

Unvaccinated and close contacts not wearing masks or infected individual not wearing mask

- For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
 1. Quarantine can end after Day 10 from the date of last exposure without testing; OR
 2. Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.
- To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
 1. Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
 2. Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.
- If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.

Isolation for COVID-19 Positive Individual

- Individuals testing positive must self-isolate but may discontinue it under the following conditions:
 1. At least 10 days have passed since symptom onset; AND
 2. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
 3. Other symptoms have improved